

All Saints' Catholic Primary School

Kitswell Road, Lanchester, Durham, DH7 0JG

Tel: 01207 520435 Fax: 01207 528721

e-mail: lanchesterallsaints@durhamlearning.net

website: www.lanchester.durham.sch.uk

Head Teacher: Mrs. F. Stephenson Deputy Head Teacher: Mrs. A. Conlin

Chair of Governors: Mr. M. Quigley



Thursday 30th April, 2020

Dear Parents,

Over the past few weeks, many of you have contacted either myself or the class teachers worrying about the support you are providing your child/ren. I can say with very near certainty that you are doing a good job and being too hard on yourselves! I would like to thank you for the wonderful learning that is taking place. Although we want the children back, we recognise that for now, the safest place for them is at home and whilst the lockdown continues, we are glad that you are working hard supporting your child/ren, often whilst managing your own workload.

To begin with, here is a link from CAMHS that covers everything linked to children's well being:

<https://www.camhs-resources.co.uk/?fbclid=IwAR02kqK5jdK860p3x2cszbwm3hJo47QjYamxuYXIAVMCeD1A6jXWIOILM7I>

For children with sensory needs or autism, there is an attachment to this email detailing how you can contact Little Treasures. You can also contact North East Autism Society: call 0191 4109974 or email info@ne-as.org.uk

For parents of pupils with a special educational need or disability (SEND), I have attached information from SENDIASS.

For parents supporting a child with emotional or mental health issues, please see the attached information from Rollercoaster Services.

Citizen's Advice can support families with financial worries:

0300 330 9027 - Advice Line Monday to Friday 10am to 4pm

0300 323 2000 - Debt Advice Line Monday to Friday 9am to 1pm

FamilyLine is a free service available to support adult family members on all aspects of family life whether it is emotional support or practical advice on any aspect of parenting: call 0808 802 6666, text: 07537 404282 or email: familyline@family-action.org.uk

One point are putting online sessions on their Facebook page every Wednesday at 2pm for families to watch. Previous videos will also be stored so you can access them when you need or if you miss one. Please see the attached page for their topic schedule.



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Mutual aid & community support can provide food parcels - for contact details, please see the attachment.

I have also attached details of how to contact a helpline, web page and support network that have been set up to help people in County Durham who are struggling during this pandemic.

I hope some of this is helpful if you are looking for a little support. As always, we are here for you to contact too. Let us know please if you are experiencing a particular hardship.

Thoughts and prayers are with you all.

Kind regards,

Mrs. F. Stephenson

