

All Saints' RC Primary School

Autumn/Winter 2022/2023

Please indicate your child's menu choice for each day. The children will also have access to a salad bar.

Desserts will be chosen on the day, there will also be the option of fresh fruit and cheese & biscuits available as an alternative dessert.

Child's name _____ Class _____

Week 1

Monday		Tuesday		Wednesday		Thursday		Friday	
Fresh Butcher's Beef Burger with Side Salad & Potato Wedges		Soy Chinese chicken noodles with Stir Fry Vegetables		Roast Turkey & Stuffing with Yorkshire Pudding, Carrots & Swede, Mash & Garden Peas		Sausage Roll served with Baked Beans, Wedges & Side Salad		Battered Cod Fillet served with Chunky Chips & Garden Peas	
Veggie Burger with Salad & Potato Wedges		Soy Chinese Sweet Potato Falafel Noodles with Stir Fry Vegetables		Roast Quorn & Stuffing with Yorkshire Pudding, Carrot & Swede Mash, Garden Peas		Vegan Sausage Roll served with Bakes Beans, Wedges & Side Salad		Quorn Nuggets served with Chunky Chips & Garden Peas	
Tomato & Mascarpone Pasta with Garlic Bread		Tomato & Cheese Pasta Bake with Garlic Bread		Tomato & Vegetable Pasta with Garlic Bread		Bolognese Sauce with Penne Pasta & Garlic Bread		Macaroni & Cheese with Side Salad and Garlic Bread	
Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese
	Tuna		Tuna		Tuna		Tuna		Tuna
	Beans		Beans		Beans		Beans		Beans
Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese
	Tuna		Tuna		Tuna		Tuna		Tuna
	Ham		Ham		Ham		Ham		Ham
Dessert		Dessert		Dessert		Dessert		Dessert	
Coco Rice Cake		Mango Mousse		Blueberry Muffin		Sticky Toffee Pudding with Warm Custard		Fresh Fruit Pot	

Child's name _____ Class _____

Week 2

Monday		Tuesday		Wednesday		Thursday		Friday	
Chicken "Tikka" style Curry with Steamed Rice & Naan Bread		Pulled Pork Burritos filled with Rice, Lettuce, Red Beans & Cheddar serves with Tortillas and Sour Cream		Roast Topside Beef with Yorkshire Pudding, Roast Potatoes, Carrots, Peas & Gravy		Pepperoni Pizza slice served with Side Salad & Herbed diced Potatoes		Fish Fingers served with Chunky Chips & Garden Peas	
Cauliflower and Spinach "tikka" style Curry with Steamed Rice & Naan Bread		Roasted Vegetable Burritos filled with Rice, Lettuce, Red Beans & Cheddar served with Tortillas and Sour Cream		Cheese & Tomato Quiche served with Coleslaw and Side Salad		Margherita Pizza slice served with Side Salad & Herbed diced Potatoes		Quorn Nuggets served with Chunky Chips & Garden Peas	
Tomato & Mascarpone Pasta with Garlic Bread		Tomato & Cheese Pasta Bake with Garlic Bread		Tomato & Vegetable Pasta with Garlic Bread		Bolognese Sauce with Penne Pasta & Garlic Bread		Macaroni & Cheese with Side Salad and Garlic Bread	
Jacket Potato	Cheese	Jacket Potato	Cheese	Jacket Potato	Cheese	Jacket Potato	Cheese	Jacket Potato	Cheese
Please choose filling:	Tuna	Please choose filling:	Tuna	Please choose filling:	Tuna	Please choose filling:	Tuna	Please choose filling:	Tuna
	Beans		Beans		Beans		Beans		Beans
Sandwich	Cheese	Sandwich	Cheese	Sandwich	Cheese	Sandwich	Cheese	Sandwich	Cheese
Please choose filling:	Tuna	Please choose filling:	Tuna	Please choose filling:	Tuna	Please choose filling:	Tuna	Please choose filling:	Tuna
	Ham		Ham		Ham		Ham		Ham
Dessert		Dessert		Dessert		Dessert		Dessert	
Homemade Flapjacks		Strawberry Jelly Pot		Chocolate Mousse		Jam Roly-Poly with Custard		Fresh Fruit Pot	

Child's name _____ Class _____

Week 3

Monday		Tuesday		Wednesday		Thursday		Friday	
Cottage Pie served with Roasted Carrots		Braised Pork Meatballs served with Creamy Polenta & Broccoli		Sweet Potato, Chickpeas and Spinach Tagnie served with Couscous		Bangers & Mash, Fresh Pork Sausages served with Creamy Mash Potatoes, Garden Peas & Gravy		Battered Cod Fillet served with Chunky Chips & Garden Peas	
Cheese & Potato Pie served with Roasted Carrots		Braised Veggie Meatballs served with Creamy Polenta & Broccoli		Tomato & Roasted Vegetables Tart served with Boiled Potatoes and Sweetcorn		Bangers & Mash, Veggie Sausages served with Creamy Mash Potatoes, Garden Peas & Gravy		Quorn Nuggets served with Chunky Chips & Garden Peas	
Tomato & Mascarpone Pasta with Garlic Bread		Tomato & Cheese Pasta Bake with Garlic Bread		Tomato & Vegetable Pasta with Garlic Bread		Bolognese Sauce with Penne Pasta & Garlic Bread		Macaroni & Cheese with Side Salad and Garlic Bread	
Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese	Jacket Potato Please choose filling:	Cheese
	Tuna		Tuna		Tuna		Tuna		
	Beans		Beans		Beans		Beans		
Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese	Sandwich Please choose filling:	Cheese
	Tuna		Tuna		Tuna		Tuna		
	Ham		Ham		Ham		Ham		
Dessert		Dessert		Dessert		Dessert		Dessert	
Coco Oatie Biscuits		Lemon Love Shortbread		Cupcakes		Warm Chocolate Brownie		Fresh Fruit Pot	